



Ministry of Higher Education and Scientific Research

Al -Maaref University

College of Pharmacy

Al-Anbar, Iraq

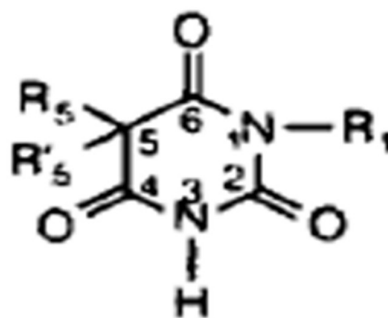
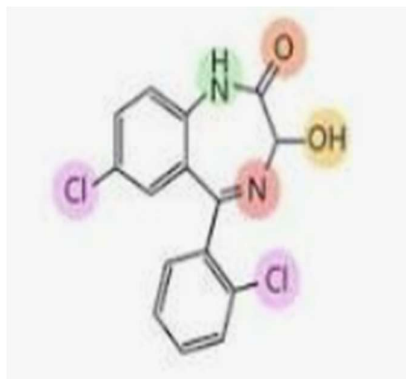
The name of the course

Organic Pharmaceutical Chemistry II

2025-2026

Central Nervous System (CNS) Depressants

G.A; S/H; Anxiolytic; C.M. Sk. M.R. &AC



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Central Nervous System (CNS) Depressants

Introduction

The common **activity** of the **drug classes** considered in his chapter is **depression** of **neuronal** activity in the **central nervous system (CNS)**, that is. the **brain** and **spinal cord**.

In a few cases act as **skeletal muscle relaxants (C.M. Sk. M. R.)**.

Classes of CNS Depressant drugs

The classes are the followings:

1. **General Anesthetics (G. A.)**.
2. **Sedative—hypnotics (S/H)**.
3. **Anxiolytics (Anxy.)**.
4. **Anticonvulsants (AC or AE)**.
5. **Centrally Mediated Skeletal Muscle Relaxants (C.M. Sk. M. R.)**.
6. **Antipsychotics (Antipsy.)**.

Uses of CNS Depressant drugs

1. **General Anesthetic (GA) agents** are used to **produce controlled and reversible loss of consciousness and perception** in **painful surgical procedures**.
2. **Sedative—Hypnotic(S/H) drugs** are used in the **treatment** of some of the **insomnias**. which are **failures to get adequate sleep**.
3. **Anxiolytic (Anxy.) drugs** are used in **control** of the **anxiety disorders**, which are conditions **characterized**, by **excessive or inappropriate anxiety** such as **panic attacks, social phobia. and obsessive-compulsive disorder**.
4. **Centrally Mediated Skeletal Muscle Relaxants (C.M.Sk.M.R.)** are used in **skeletal muscle spasm**.
5. **Anticonvulsants (AC) or Anti-Epileptic (AE)** are used to **prevent or lessen sudden excessive electrical activity** in **brain neurons** that is a **characteristic** of the **epileptics**.
- 6 **Antipsychotics (Antipsy.)**. These drugs—**previously known as Neuroleptic drugs, Antischizophrenic drugs, or Major Tranquilizers** which are **used** in the **symptomatic treatment** of **thought disorders (psychoses)**, most notably the **Schizophrenias and mania**.

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The **first five classes** of drugs (GA; S/H; Anxy; C.M.Sk.M.R.; &AE,) are **non-selective** in their **CNS depressant effect**, there is **overlap between them** because of:

- a. These classes often have a **number of structural features in common**.
- b. These classes often **share at least one mode of action, positive modulation** of the **action of gamma amino butyric acid (GABA) at GABAA receptors**.
Many **anticonvulsants** are associated with **blockage of channels of sodium** and other **inorganic cations** such as **calcium**

The **Antipsychotics (Antipsy) class** is the **most selective** in its **CNS depressant effect** because these **agents** have a **hydrophobically substituted dopamine-like structure** and act as **competitive antagonist of dopamine (DA) at D2 and receptors**.

1- GENERAL ANESTHETICS (GA)

General anesthetic (GA) agents are used to **produce revisable and controlled loss of consciousness and sensation** and therefore, **loss of perception to painful surgical procedures**

Mode of Action of GA

GA are **positive modulators of GABA on GABAA receptors** by **binding to allosteric binding sites** (different sites exist for each drug group)

Clinically, general anesthesia for surgery uses multiple drug regimens.
Some drugs may be used to **help the general anesthetic agent** (e.g. **neuroleptics and opioid analgesics**), **other drugs** may **add an action** (e.g. **the skeletal muscle relaxants**).
Also, **drugs** such as **anticholinergics** may be used to **decrease adverse effects**.

Classes of G.A.

According to the **route of administration GA** can be broadly **categorized as:**

- I. Inhalation**
- II. Intravenous (IV)**

The **route of administration of GA** is **dependent** on the **physical state of the agents**.


I. Inhalation

The **inhalation anesthetics** in use are **either gases or volatile liquid** such as **Halothane, Enflurane, Isoflurane, Methoxyflurane, Sevoflurane, Desflurane, and Nitrous Oxide**.

Chemical classes of inhalation anesthetics

- A. Halogenated hydrocarbons e.g. Halothane.
- B. Halogenated ethers e.g. Enflurane.
- C. Miscellaneous e.g. Nitrous Oxide.

A. Halogenated Hydrocarbons e.g. Halothane.

Halothane. 2-bromo-2-chloro- 1.1.1-trifluoroethane (Fluothane). 

Volatile liquid (bp. 50°C), **halogenated hydrocarbon nonflammable.**

The drug has **high potency** and **induction** of and **recovery** from **anesthesia** are **relatively rapid** (short onset & duration of action)

Halothane has a **narrow margin** of safety.

Respiratory depression is notable, and **mechanical ventilation** and **increased oxygen concentrations** are often required

B. Halogenated Ethers.

Methoxyflurane 2,2-dichloro-1,1 -difluoro ethyl methyl ether. **CHCl₂CF₂-O-CH₃**

Volatile liquid (bp. 105°C), **halogenated ether.**

Has slow induction of anesthesia and **slow recovery.**

The agent **produces excellent analgesia** and **good muscle relaxation.**

Enflurane 2-chloro- 1,1,2-trifluoroethyl difluoro methyl ether. **HF₂COCF₂CHFCl**


Volatile liquid

Induction is relatively easy

Have a **relatively low frequency** of **adverse cardiovascular** effects.

Respiration is depressed, so **mechanical ventilation** and **oxygen supplementation** are used.

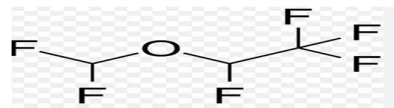
Should not be used in **epileptic patients** (At **high** doses causes **tonic—clonic convulsion**).

Isoflurane 1-chloro-,2,2,2-trifluoroethyl difluoro methyl ether. 

Close structural relative of **enflurane** and **shares many properties** with it.

Tonic—Clonic activity is not reported.

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Desflurane. 1,1,1,2-tetrafluoroethyl difluoro methyl ether
 Close structural relative of **enflurane** and **shares many properties** with it.

C. Miscellaneous

Nitrous Oxide. Nitrogen monoxide. **N₂O**

Gas at room temperature and is **supplied as liquid** under **pressure** in metal cylinders.

It is a **good anesthetic**

It is often **used in combination** with **other agents**.

It has **analgesic effects**.

It is a **positive modulator** of **GABA** on **GABA_A** receptors, which is the basis for its **general anesthetic action**.

II. Intravenous Anesthetics

Sold in nature.

Have an exceptionally high lipid/water partition.

Respiratory depression is marked with the **barbiturates at anesthetic doses**.

Chemical Classes

A. Ultra-short acting Barbiturate.

B. Benzodiazepines.

C. Miscellaneous.

A. Ultra-short acting Barbiturate.

The **sodium salts** of the **ultra-short-acting barbiturates** may be **administered intravenously** in **aqueous solutions** to **induce anesthesia**.

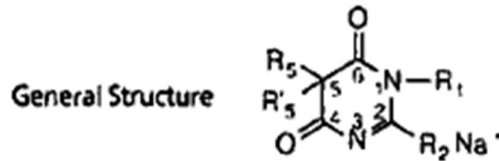
Unconsciousness (onset) is **produced within seconds** of intravenous injection.

The **duration of action** is **about 30 minutes (rapid onset & very short duration)**.

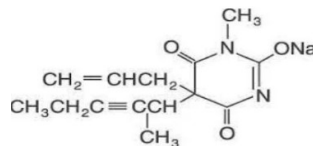
The **rapid onset of action** is due to **rapid partitioning** from the **blood, across the blood brain barrier (BBB), into the sites of action in the brain**.

The **very short duration of action** is due to **repartitioning** from the **brain into peripheral tissues (body fat)**.

The **structures of the compounds** are **given in Table given below**:



Generic Name Proprietary Name	Substituents			
	R ₅	R' ₅	R ₁	R ₂
Methohexital sodium <i>Brevital Sodium</i>	CH ₂ =CH-CH ₂ -	CH ₃ CH ₂ C≡C- CH- CH ₃	CH ₃	O
Thiamylal sodium <i>Surital Sodium</i>	CH ₂ =CH-CH ₂ -	CH ₃ CH ₂ CH ₂ - CH- CH ₃	H	S
Thiopental sodium <i>Pentothal Sodium</i>	CH ₃ CH ₂ -	CH ₃ CH ₂ CH ₂ - CH- CH ₃	H	S



Methohexital Sodium.

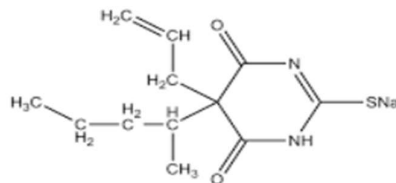
N-Methyl barbiturate with pKa of 8.4. versus about pKa 7.6 for the **non-N-methylated** compounds.

This **change in pKa** increases the **concentration** of the **lipid-soluble** form at **physiological pH**.

The **compound** also has **extensive hydrophobic character** (**total of nine hydrocarbons carbons**). Therefore the **lipid/ water partition coefficient** of the **free acid form** is **high**.

The **compound** has the **properties** to **rapidly penetrate** the **CNS** after **IV** injection and then **redistribute rapidly** to other **body sites**.

It also **undergoes rapid metabolic inactivation**.



Thiamylal Sodium.

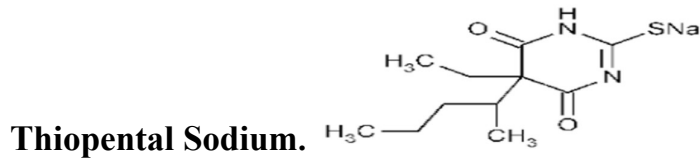
It is a **highly hydrophobic**.

Thiobarbiturate that has **structural features** closely related to those of **thiopental**.

It has **biological properties** similar to those of **Thiopental**.

Onset is seconds and **duration** is 30 minutes.

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The **most widely used ultra-short-acting anesthetic barbiturate.**

The **compound** is the **prototype** for the **SAR** studies of **ultra-short-acting barbiturates.**

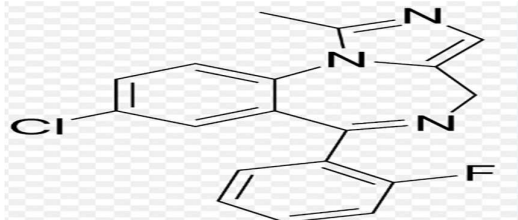
The **compound's onset** is very **short** and the **duration** is **30 minutes.**

B. Benzodiazepines.

Benzodiazepines alone **cannot produce surgical anesthesia.**

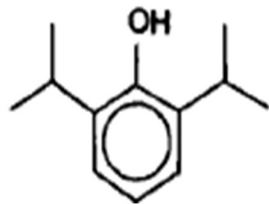
Some of the **more potent CNS-depressant (more lipophilic) benzodiazepines** are used **IV to induce anesthesia.**

Example Midazolam



Midazolam

C. Miscellaneous.



Propofol

phenols derivative.

2,6-isopropyl groups of propofol favorably influence the **biological properties** of the **hydroxyl group.**

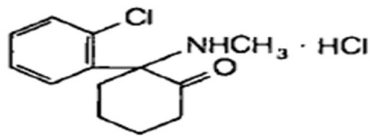
Propofol is **useful for induction and maintenance** of **anesthesia.**

It is not water soluble, so an **emulsion** is given **intravenously.**

Penetration into the **brain is rapid,** and **redistribution** to other tissues is also **rapid.**

Have **high lipid/water partition coefficient.**

The drug **binds allosterically** to **GABAA receptors** at a **site different** from the **benzodiazepine site.**



Ketamine Hydrochloride

Has a **different mode of action** from the other **anesthetic** agents in this review.
The **drug** may be **used** mainly for minor surgical procedures in children.
It can be **used to induce anesthesia**.

(2-4)- ANXIOLYTICS, SEDATIVE/ HYPNOTICS & CENTRALLY MEDIATED SKELETAL MUSCLE RELAXANTS (C.M.Sk.M.R.)

Chemical Classes

- A. Benzodiazepines.
- B. Barbiturate
- C. Miscellaneous.

Number of **drugs belonging** to other pharmacological may **possess one or more** of the **anxiolytic, sedative, and hypnotic properties**. These classes include **H₁ -antihistamines, antiadrenergic, antipsychotics, and anticonvulsants**.

Additionally, other areas are being explored for **sleep-promoting agents**.

- a. Adenosine-2A receptor (A_{2A}) agonists.
- b. Melatonin-2 receptor (MT₂) agonists.

These agents are **under study**.'

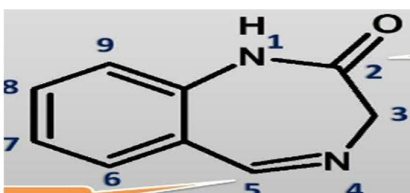
Both **adenosine** and **melatonin** are thought be **involved** in **natural mediation** of **sleep**.

Adenosine is considered a possible **endogenous sleep-producing agent**

Melatonin affects **circadian rhythms** and may be a **weak sedative—hypnotic**.

A. Benzodiazepines and Related Compounds

Benzodiazepines are a **psychoactive(anti-anxiety)** drug whose **core chemical structure** is the **fusion of a benzene ring** and a **diazepine ring** is **inactive**.



Benzodiazepine ring

Inactive

The benzodiazepine ring should be suitably substituted to be active as we will see in the SAR studies. And as follows:

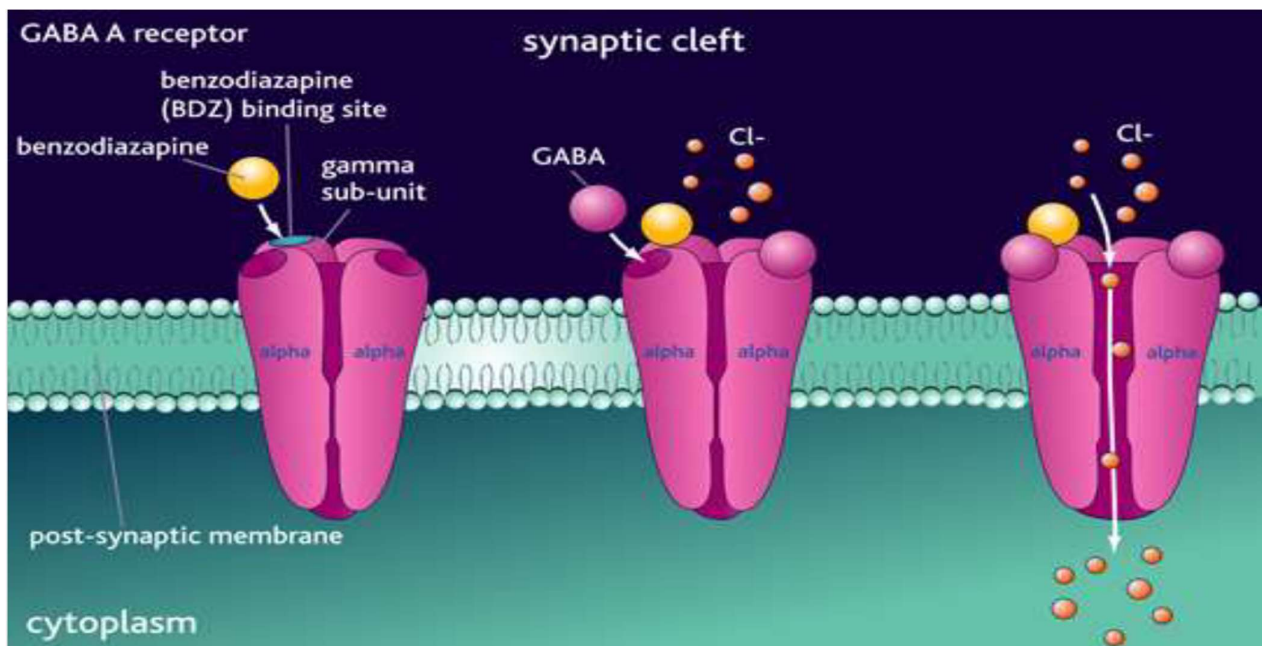


Benzodiazepines are the **most widely used anxiolytic** drugs, they **enhance** the effect of The neurotransmitter **gamma-aminobutyric acid**, which results in **sedative, hypnotic (sleep-inducing), anxiolytic (anti-anxiety), anti-convulsant, muscle relaxant and amnesic action**.

The **first Benzodiazepine is Chlordiazepoxide (Librium)**, was discovered accidentally 1955, and made available in 1960 by Hoffmann–La Roche, which has also marketed later **Diazepam (Valium)** since 1963.

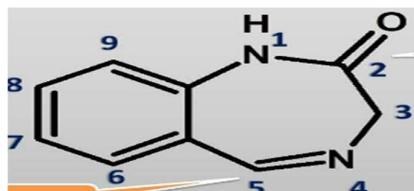
Mode of Action

Benzodiazepines and benzodiazepines like drugs bind to benzodiazepine recognition site, one of several **allosteric sites** of **GABAA receptor subtypes** as in the given **diagram**. Most classical benzodiazepines are **positive modulators of GABAA receptor subtypes**



Structural—Activity Relationships (SAR) for Antianxiety Activity of Benzodiazepines

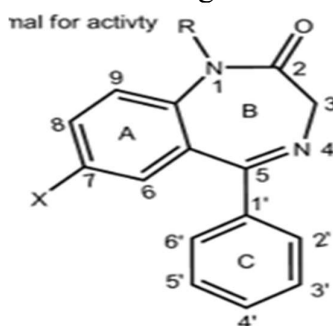
Unsubstituted Benzodiazepine ring (structure below) is inactive.



Benzodiazepine ring

Inactive

Therefore, it should be suitably as in the following structure:



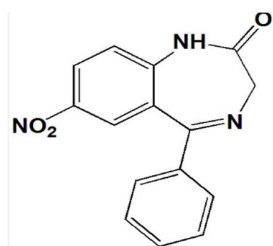
General Structure Anxiolytic Benzodiazepines

Active

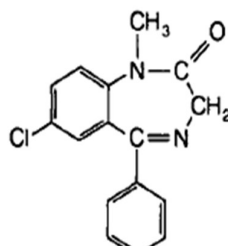
The SAR study carried on Benzodiazepines involved the following sites:

1- Ring A

- i) Aromatic or heteroaromatic ring for ring A is required for the activity.
- ii) An electronegative (electron withdrawal group (EWG)) substituent at position 7 is required for activity.
- iii) The more electronegative substituent at position 7 is, the higher the activity, e.g. Nitrazepam is more potent than Diazepam.



Nitrazepam

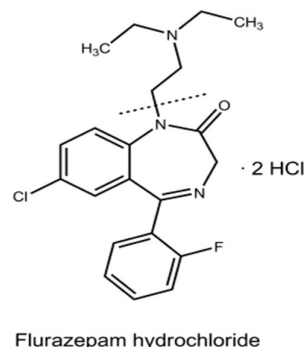
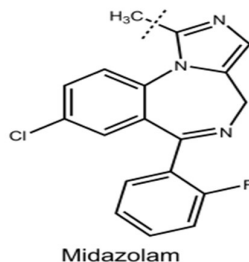
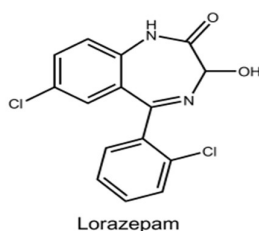


Diazepam

- iv) Positions 6, 8, and 9 in ring A should not be substituted.

2- Ring C

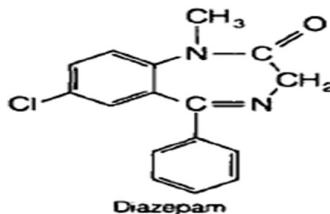
- i) Ring C should be phenyl ring at position 5 of the benzodiazepine ring to promote the activity.
- ii) If this phenyl group is ortho (2_) or di-ortho (2_,6_) substituted with electron-withdrawing groups, activity is increased, as in Lorazepam, Midazolam (G.A.) and Flurazepam given below:



- iii) In ring C, para substitution decreases activity greatly.

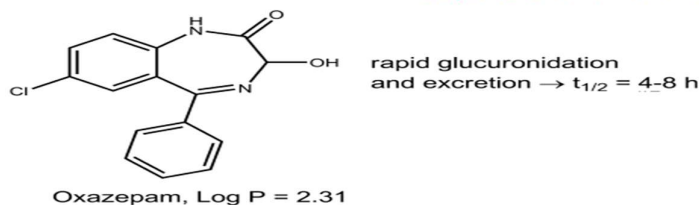
3- Ring B

- i) In diazepine ring B, saturation of the 4,5-double bond or a shift of it to the 3,4-position decreases activity.
- ii) Nature of substitution at the 3-position (Hydroxyl; H; or Alkyl) affects pharmacokinetic parameters and onset & duration.
- iii) Substitution of hydroxyl group (OH) at 3 positions does not decrease activity.
- iv) The presence or absence of the 3-hydroxyl group in ring B is important Pharmacokinetically as in the following:
 - a. Compounds without the 3-hydroxyl group are nonpolar, undergo 3-hydroxylation in liver slowly to active 3-hydroxyl metabolites, and have long half-lives as in Diazepam.

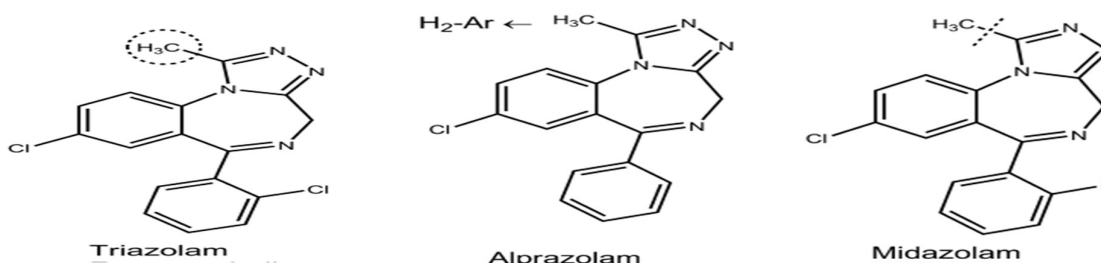


- b. Compounds with the 3-hydroxyl are much more polar and are readily converted to the excreted glucuronide, therefore shorter overall half-lives, and safer to be given to patients with hepatic disorder as in Oxazepam.

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- v) The 2-carbonyl function is optimal for activity.
- vi) The nitrogen atom at position 1 is optimal for activity, and the N-substituent should be small.
- vii) Additional research yielded compounds with a fused heterocyclic ring on benzodiazepine ring increases the activity such as triazolo ring, as in Triazolam and Alprazolam, or fused imidazolo as in Midazolam which (GA).
- viii) An electron attracting group at position 7 of benzodiazepines with a fused heterocyclic ring is not required for activity in these compounds.



The overall summary of Benzodiazepines SAR is the following:

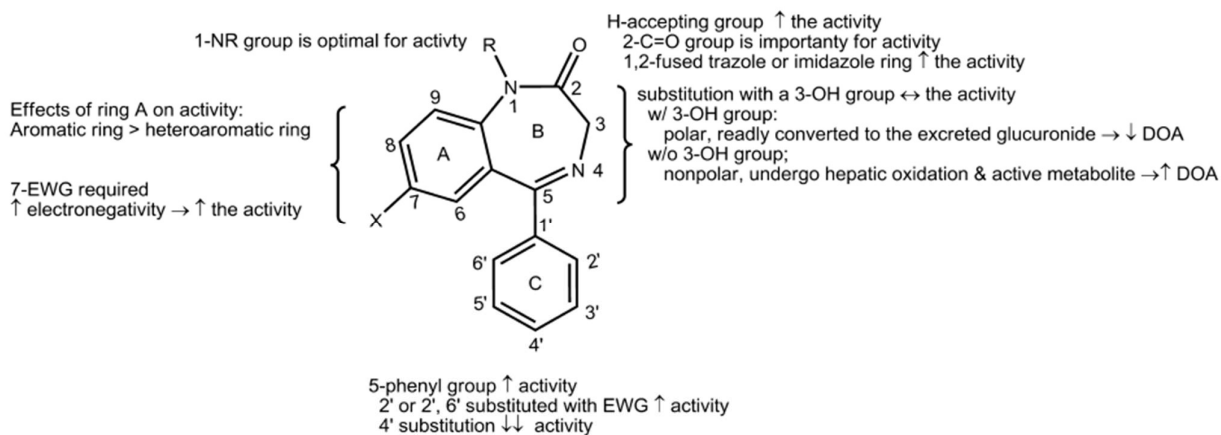


Figure 12.1 • General structure and SAR of benzodiazepines.

General Structure

Therapeutics uses

Treatment of anxiety associated with pain disorder.

Insomnia.

Seizures.

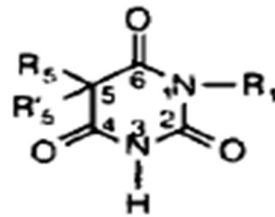
Alcohol withdrawal.

Pre medication for medical or dental procedures; Muscle spasm.

Contraindication

- 1- Pregnancy.
- 2- People with myasthenia gravis, sleep apnea, bronchitis and Chronic Obstructive Pulmonary Disease (COPD).
- 4- Elderly.

General Structure



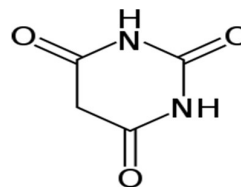
B. Barbiturates

Barbiturates are derivatives of barbituric acid. They are cyclic diacylureas(cyclic diurades).

The Barbiturates were used extensively as sedative–hypnotic drugs ('sleeping pills'). As Sedative–Hypnotic Barbiturates have been replaced largely by the much safer Benzodiazepines.

Some members of Barbiturates are used as Anticonvulsants (AE).and General Anesthetics (GA)

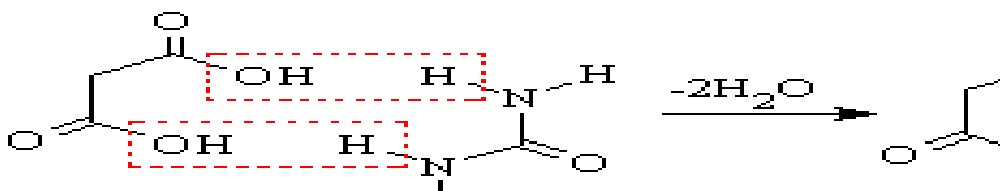
The different properties of the various barbiturates depend upon the side groups attached to the ring (barbituric acid).



Barbituric acid (malonylurea)
pharmacologically inactive

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Barbituric acid was first discovered by the German chemist 1864 by combining **urea** (an animal waste product) with **malonic acid** (derived from the **acid of apples**), as follows:



Barbituric acid is made by combining malonic acid (left) with urea (right), with the elimination of two water molecules (shown in red).

All pharmacologically active barbiturates should be 5,5-disubstituted barbituric Acids derivatives.

Mode of Action

Barbiturates exert most of their characteristic CNS effects mainly by binding to an allosteric recognition site on GABA_A receptors that positively modulates the effect of the GABA_A receptor—GABA binding.

Unlike benzodiazepines, they bind at different binding sites and appear to increase the duration of the GABA-gated chloride channel openings.

In addition, by binding to the barbiturate modulatory site, barbiturates can also increase chloride ion flux without GABA attaching to its receptor site on GABA_A. This has been termed a GABA mimetic effect, which is related to the profound CNS depression effect of barbiturates.

The basic structure of barbiturates is a ring composed of 4 carbon atoms and 2 nitrogen atoms.



Certain side chains added to the ring (at N-1 or N-3; C-2; & C-5) can dramatically alter the potency, onset, and duration of the drug -

In some cases, the addition of a single carbon atom converts an inactive form of the compound into an active

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All **pharmacologically active barbiturates should be 5,5-disubstituted barbituric Acids derivatives.**

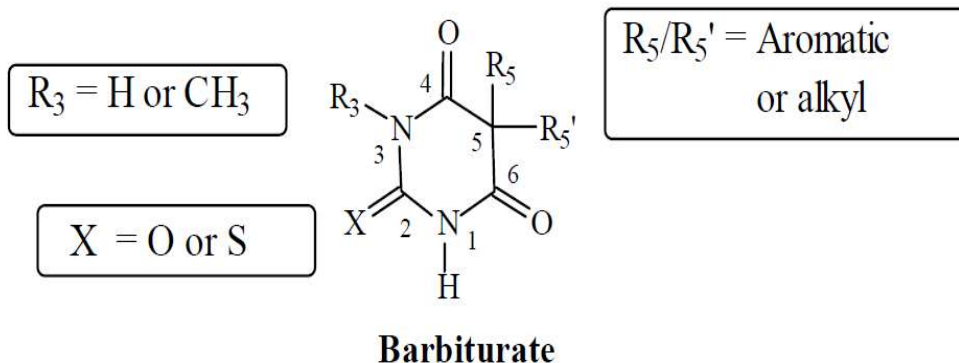
Consideration of the **structure of 5,5-disubstituted barbituric acids reveals their acidic character.**

Those **without methyl substituents** on the **nitrogen atoms (N-1&N-3)** have **pKa's** of about **7.6**; while **those with a methyl substituent at N-1&N-3** have **pKa's** of about **8.4**. The **free acids** have **poor water solubility** and **good lipid solubility (presences of two alkyl substituents at C-5).**

Some **barbiturates** have **sulfur atom at C-2 (2-Thiobarbiturates)** increases **lipid Solubility.**

Barbiturates contain a “balance” of hydrophilic (2,4,6-pyrimidinetrione ring structure) and lipophilic (5,5'-substituents) functionality. The overall hydrophilic (polar) or lipophilic (non-polar) character of the barbiturates is a function of:

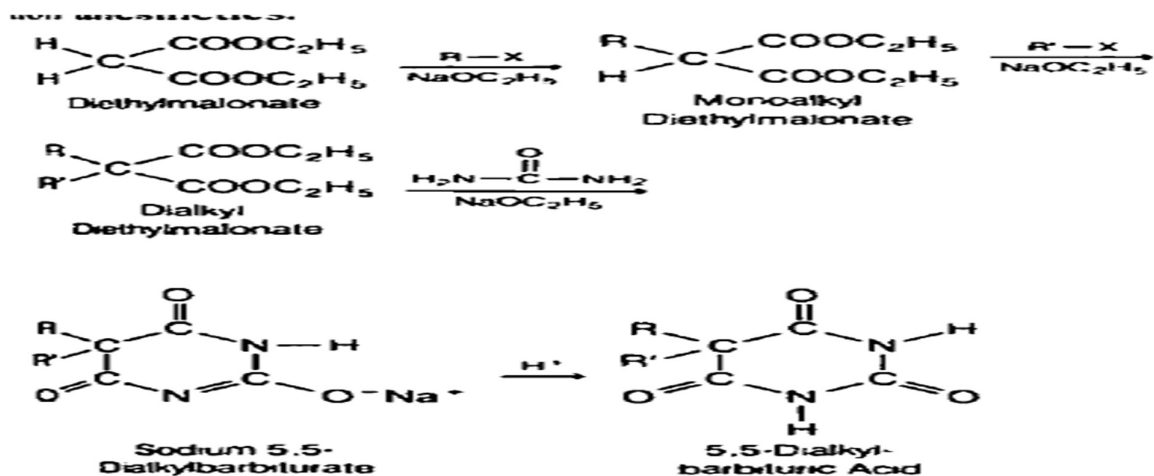
- The hydrophilicity of the pyrimidinetrione ring which is a function of the number of N-substituents and the pKa of the acidic proton(s), and
- The overall size and structure of the two substituents at the 5-position



The first historical **sedative—hypnotic barbiturate, 5,5-dialkylbarbituric acid**, was Introduced in 1903. With time many members were added, and the **barbiturates dominated the sedative—hypnotic field** until the discovery of the **benzodiazepines** which are **much safer to use** and **replaced the barbiturates** as the **most broadly useful agents in sedative/hypnotic applications.**

Synthesis of Barbiturates

The **barbiturates** are **5,5-disubstituted barbituric acid derivatives**
The following scheme shows how the **5,5-dialkyl** compounds are synthesized.

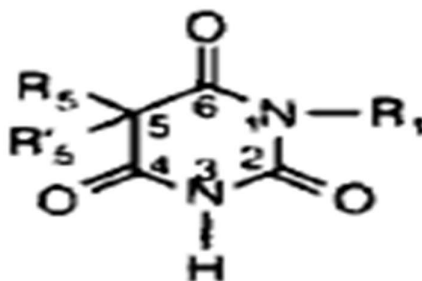


Substitution of thiourea for urea in the above reaction produces the 2-thiobarbiturates, useful as **induction anesthetics**.

Substitution of N-methyl urea for urea in the above reaction produces the N-methylated Barbiturates.

Structure–Activity Relationships (S.A.R)

General Structure



Three positions in above basic structure of barbiturates are important for SAR study; these are the followings:

I. Position 5

- i) The barbituric acid which has two H atoms at C-5 lacks CNS depressant activity, because these H atoms are **highly acidic** undergoes tautomerization

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(pKa4), and exists largely in the anionic form at physiological pH, with little nonionic lipid-soluble compound available to cross the blood-brain barrier.

- ii) The replacement of both hydrogens at position 5 with alkyl or aryl groups confers the activity.
- iii) Therefore, both hydrogen atoms at the 5-position of barbituric acid must be replaced.
- iv) In general, increasing lipophilicity increases hypnotic potency and the onset of action and decreases the duration of action.
- v) There is an inverse correlation between the total number of carbon atoms substituted on the 5-position and the duration of action.
- v) The total number of carbon atoms in R groups substituted at C-5 determine the duration, therapeutic use and type of barbiturates.

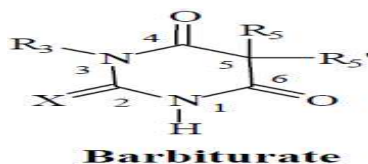
Classes of barbiturates.

According to the duration barbiturates are classified into:

1. **Long-Acting Barbiturate (LAB):** Duration more than 6 hr. & total number of carbon atoms in R groups at C-5 is 4 carbon atoms e.g.2 ethyl or ethyl & phenyl. Used as Sedative / Hypnotics and some anticonvulsants.
2. **Intermediate- Acting Barbiturate (IAB):** Duration 3–6 hr.& total number of carbon atoms in R groups at C-5 is 5-6 carbon atoms e.g. ethyl & isobutyl. Used as Sedative / Hypnotics.
3. **Short- Acting Barbiturate (SAB):** Duration less than 3hr.& total number of carbon atoms in R groups at C-5 is 7-9 carbon atoms e.g. ethyl & isobutyl. Used as Sedative / Hypnotics.
4. **Ultra-Short- Acting Barbiturate (USAB):** Duration 30 min. & total number of carbon atoms in R groups at C-5 is 7-9 carbon atoms in addition to S at C-2 or methyl at N-1. Used as General Anesthetics

II. Position 2

X = O or S



In all Sedative / Hypnotics Barbiturate there is oxygen at C-2(X=O)

Sulfur instead of oxygen atom at position 2 (X=S) increases the lipophilicity, therefore, increases potency and have more rapid onset and shorter duration of action. Used as General Anesthetics

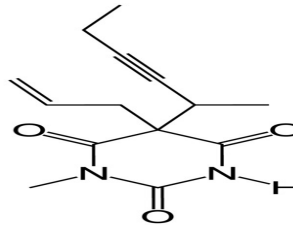
Example:

Thiamylal and **Thiopental** have **more rapid onset** and **shorter duration** of action than **Secobarbital** and **Pentobarbital**, respectively)

Thiamylal and **Thiopental** are used as **General Anesthetics**

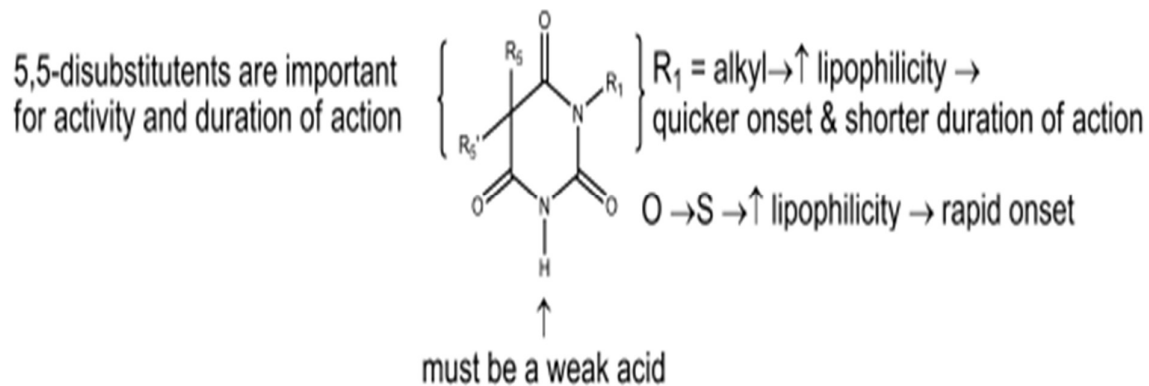
III. Positions 1 or 3

Methylation at position 1 or N-1 **decreases duration of action** due to **increase pKa** ($pK_a=8.4$) **increase the amount** of the **unionized form** of the **drug** at **physiological pH** which is **more lipophilic** (**decrease ionization**). **Methylation** of these **positions** also **increases CNS depressants effect**.



e.g. Methohexital (GA)

The overall summary of Barbiturates S.A.R is the following:

**Classes of Barbiturates****Barbiturate Products and Onset and Duration of Action**

According to the duration of action barbiturates are classified into four classes:

1. LAB

2. IAB

3. SAB

4. USAB

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1. Long-Acting Barbiturates (LAB)

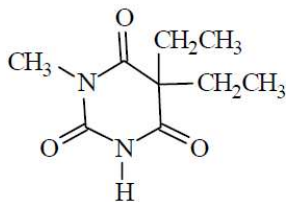
Sedative / Hypnotics and Anticonvulsants

Relatively **slow onset** and relatively **long duration (10-16 hrs.)**

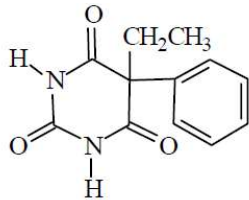
Structure: N-H or N-Methyl and C-5 side chains consisting of two ethyl groups, or an ethyl and phenyl group (4 carbon atoms side chain at C-5).

General Properties: Relatively low lipophilicity.

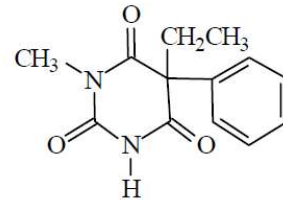
Examples



Metharbital



Phenobarbital



Mephobarbital

2. Intermediate-Acting Barbiturates (IAB)

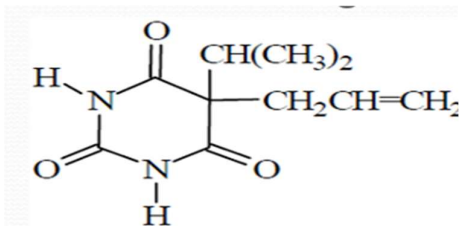
Sedative/Hypnotics

Relatively **slow onset** and **intermediate duration (3-6 hrs.)**

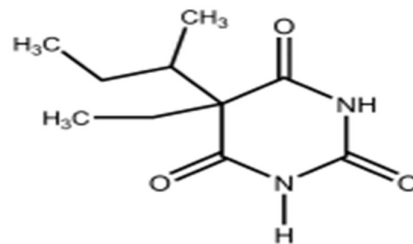
Structure: N-H and C-5 side substituents consisting of ethyl or allyl & isobutyl carbon atom unit (5-6 carbon atoms side chain at C-5).

General Properties: Intermediate lipophilicity.

Examples



Aprobarbital



Butabarbital

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3. Short-Acting Barbiturates (SAB)

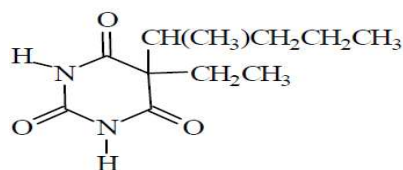
Typically, **sedative/hypnotics**:

Relatively **rapid onset** and **relatively short duration (3 hrs.)**

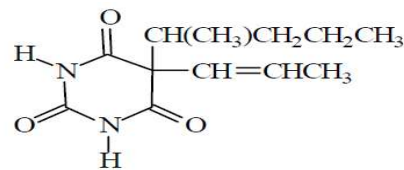
Structure: N-H and C-5 side chains consisting of ethyl or allyl and a 5-carbon unit (7-9 carbon atoms side chain at C-5).

General Properties: **High lipophilicity** and **rapid distribution and redistribution.**

Examples



Pentobarbital
(Ethyl Substituted)



Secobarbital
(Allyl substituted)

4. Ultra-Short-Acting Barbiturates (USAB)

Induction of Anesthesia, Administered by injection (as salts).

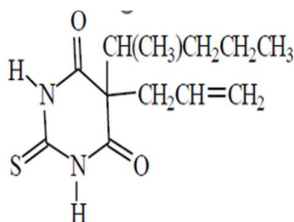
Immediate onset and very short duration (30 min).

Structure: N-H with a thiocarbonyl (C-2 has S) and C-5 side chains consisting of ethyl or allyl with 5-carbon unit (7-9 carbon atoms side chain at C-5).

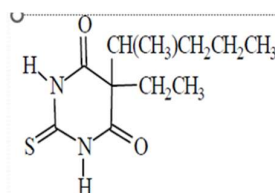
Some have N-CH₃ and C-5 side chains consisting of ethyl or allyl with 5-carbon unit (7-9 carbon atoms side chain at C-5) C-2 has O.

General Properties: **Very high lipophilicity** and **rapid distribution and redistribution.**

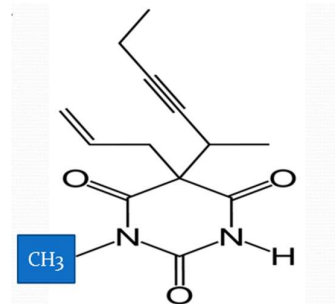
Examples



Thiameylal
(Allyl Substituted)



Thiopental
(Ethyl substituted)



Methohexital

Miscellaneous Sedative-Hypnotics (Non-Barbiturates S/H) A& B 30/10

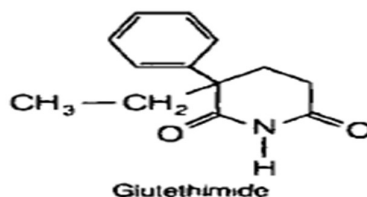
A wide range of chemical structures can produce sedation and hypnosis resembling those produced by the barbiturates.

These compounds have generally a hydrophobic portion and a semipolar portion that can participate in H bonding.

These compounds chemically include:

- I. Imides and Amides.
- II. Alcohols and Their Carbamate Derivatives
- III. Aldehydes and Their Derivatives.

Modes of action similar to those proposed for barbiturates.



I. Imides and Amides.

Glutethimide.

Has many structural relationships with the barbiturates and resembles them in many respects biologically.

II. Alcohols and Their Carbamate Derivatives

The very simple alcohol Ethanol ($\text{CH}_3\text{CH}_2\text{OH}$) has been used as a sedative and hypnotic. The use of Ethanol has so many hazards it is not as medical agent.

Structure–Activity Relationships (S.A.R)

Basic Structure

R-OH

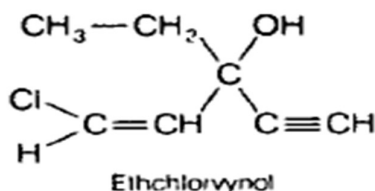
SAR studies include the followings:

1. Ethanol $\text{CH}_3\text{CH}_2\text{OH}$ (discussed above).
2. In higher homologous series of ethanol, the CNS depressant potency increases up to eight carbon atoms, then activity decreased.

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3. **Branching** of the alkyl chain **depressant activity increases** the order of **potency** is: **Tertiary > Secondary > Primary**. This may be because **tertiary and secondary alcohols** are not **metabolized** by **oxidation** to the **corresponding carboxylic acids**.
4. **Replacement** of a **hydrogen** atom in the **alkyl group (R)** by a **halogen** increases the **potency** because **lipophilicity** increases.
5. **Carbonylation** of **alcohols** generally **increases depressant potency** and **duration**. **Carbamate** groups are generally **more resistant to metabolic inactivation** than **hydroxyl** functions.
6. **Bifunctional (di hydroxy)** compounds (e.g. **diol carbamates**) have **depressant action** on the **spinal cord** in **addition** to the **brain** and therefore have **skeletal muscle relaxant properties**.

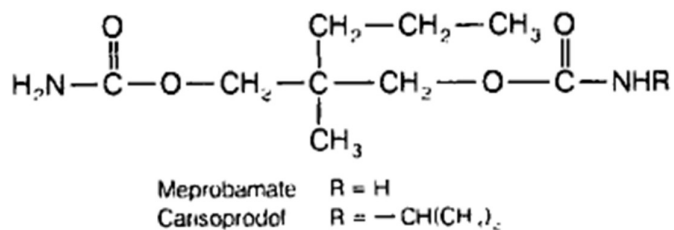
Examples



Ethchlorvynol.

Sedative—Hypnotic with a **rapid Onset** and **short duration**.

Meprobamate

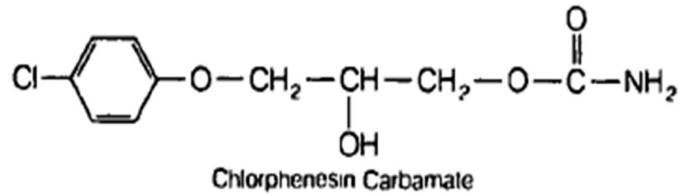
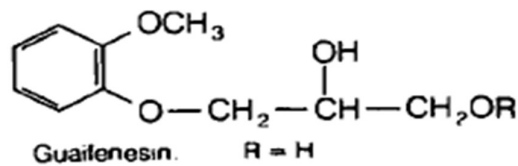
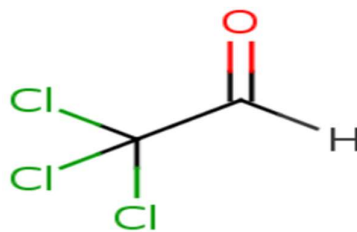
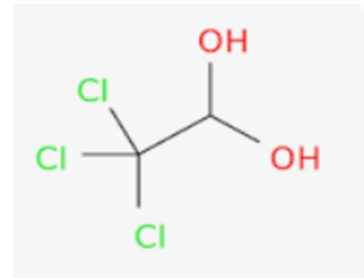


Indicated as an **antianxiety** agent, it is also a **sedative—hypnotic** agent.

Meprobamate and other **dihydroxy alcohols** are also a **centrally acting skeletal muscle relaxant**.

These **agents** are **therapeutically** used in **acute muscle spasm** such as **strains** and **sprains**

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Carisoprodol.Structure above, similar action to **Meprobamate**.**Chlorphenamine Carbamate.****Methocarbamol.****III. Aldehydes and Their Derivatives.****Chloral Hydrate****Trichloroacetaldehyde monohydrate.**Therapeutically used as **sedative—hypnotic** agent.Acts principally through a metabolic **reduction** to **trichloroethanol** which is **potent sedative—hypnotic** agent.**Potentially lethal** effect of the **combination of ethanol** and **chloral hydrate** because of **synergism** between **ethanol** and **chloral hydrate**.

5- ANTICONVULSANT OR ANTIEPILEPTIC DRUGS

The terms **anticonvulsant (AC)** and **antiepileptic drug (AED)** are used to describe a group of medications used clinically to provide seizure control in patients with epilepsies.

Most of these newly diagnosed seizure disorders can be effectively controlled initially with the use of AEDs to prevent recurrence of seizure activity such as:

- a. Valproic acid (VPA).
- b. Carbamazepine (CBZ).
- c. Ethosuximide.
- d. Phenytoin.

Mode of Action of Anticonvulsants (ACs)

At the cellular level, three basic mechanisms are believed to contribute to the antiepileptic action of the anticonvulsants, these are:

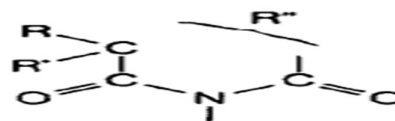
- (a) Modulation of voltage-gated ion channels (Na⁺, Ca⁺⁺, and K⁺).
- b) Enhancement of γ -Aminobutyric acid (GABA)-mediated inhibitory Neurotransmission e.g. benzodiazepines and barbiturates.
- (c) Block the excitatory (particularly glutamate-mediated) neurotransmission in the brain.

Structural Activity Relationship Studies (SAR) of Anticonvulsants

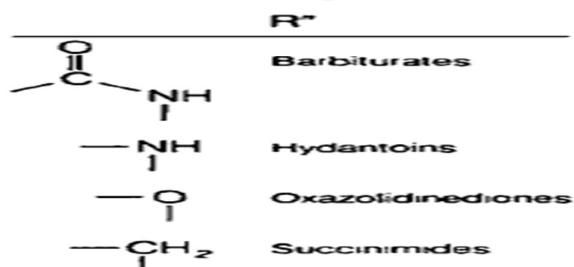
Several major groups of drugs have the common structure shown below:

Classes of Anticonvulsants

- I. Barbiturates.
 - II. Hydantoins.
 - III. Oxazolidinediones.
 - IV. Succinimides.
 - V. Ureas and monoacylureas
 - VI. Miscellaneous Agents
- I. Barbiturates



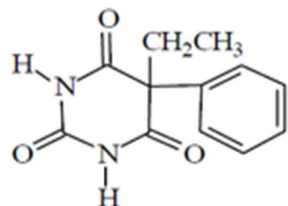
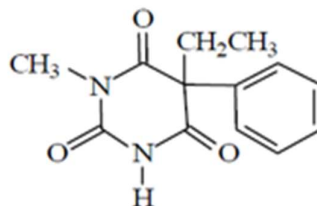
Structure common to anticonvulsant drugs.



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cyclic diacylureas (Cyclicdiurides).

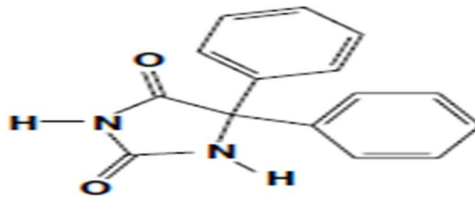
Among S/H barbiturates only **Phenobarbital** and **Mephobarbital** display enough **anticonvulsant activity**. (For the structures of these agents see S/H barbiturates given earlier)

**Phenobarbital****Mephobarbital****II. Hydantoins**

The **hydantoins** are **close structural relatives** of the **barbiturates** differing in **lacking the 6-oxo group**.

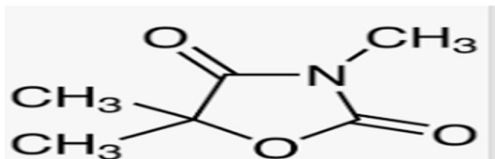
They are cyclic **monoacylureas** rather than **cyclic diacylureas**.

Example:

**Phenytoin****III. Oxazolidinediones**

Replacement of the **N-H group at position I** of the **hydantoin system** with an **oxygen atom** yields the **oxazolidine-2,4-dione** system.

Example:

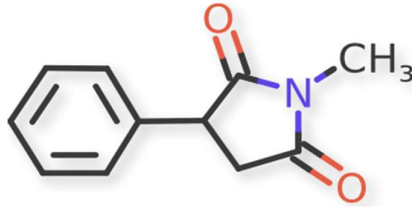
**Trimethadione.**

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IV. Succinimides

In oxazolidine-2,4-diones the replacement of O by CH₂ generates succinimides.

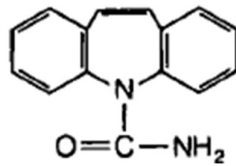
Example:



Phensuximide,

V. Ureas and monoacylureas

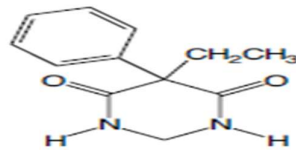
Example:



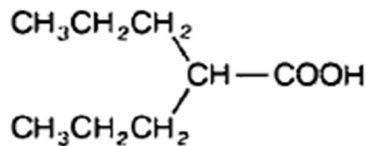
Carbamazepine.

VI. Miscellaneous Agents

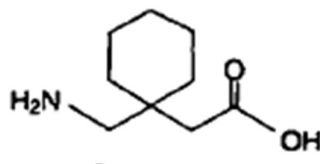
Primidone.



Valproic Acid.

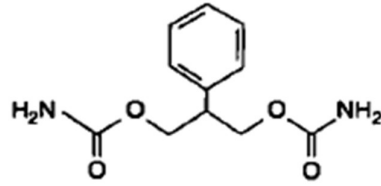


Gabapentin



Despite the fact that gabapentin structure is a relative of GABA structure with **increased hydrophobic character**, its **mechanism of action** does not appear to involve an **interaction with GABAA receptors**. The **mode of action** of the drug is considered **unclear**.

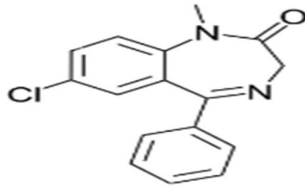
Felbamate



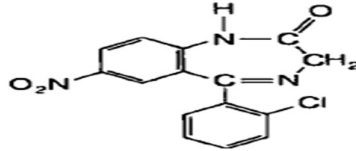
Benzodiazepines

Examples

Diazepam.



Clonazepam.



Clorazepates.

